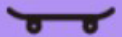
B	I	N	G	O
Complete an outdoor scavenger hunt	Bike Ride	Family and Friends walk	Explore a new play ground	Complete an indoor obstacle course
Shoot hoops with a partner	Do your homework or read in other then a chair	Complete an outdoor obstacle course	Play Red Light, Green Light	Play catch
Have a dance party	Find a new trail or path to explore	FREE SPACE	Kick the soccer ball	Play freeze TAG
Family walk	Create your own hopscotch	Group Bike ride	Do 100 jumping jacks	Complete an indoor scavenger hunt
Try yoga	Ride a scooter, skateboard, or rollerblades 	Picnic in the park or living room	Take a pet on a walk	Jump rope